

Curriculum Vitae

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Department Psychology

Government College of Arts and Science

Near Subhedari Guest House, Kile Ark, Aurangabad

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Research
Interests

social psychology , Research methodology

ACADEMIC RECORD

- POST - Graduation- M.A. PSYCHOLOGY , DR. B.A.M.U Aurangabad .27 june 2011.
- PhD (Subject) : Stress level and anxiety problem among working women in relation to family pattern . DR. B.A.M.U Aurangabad .27 june 2011.

● MEMBERSHIP:

- Applied psychological Association
- yogeshwari Education society, Ambajogai
- Marathi manasshastra parishad

● RESEARCH EXPERIENCE 10 YEARS

❖ Publications:

- ❖ Emotional Intelligence and Stress management among students.
- ❖ Spirituality , Mental health and religiosity
- ❖ A study of yoga ; Aggression and mental health of college student
- ❖ Mental Health and life satisfaction among Teachers.
- ❖ Effect of Gender and work nature on life satisfaction
- ❖ Psychoanalysis and literature.
- ❖ Study of social Maturity and self confidence of Junior college students

- ❖ Achievement Motivation and Emotional Intelligence among Graduation Students.
- ❖ Relationship between Emotional Regulation strategies affect and perceived stress among individuals with coronary Heart Disease : A moderated Mediation Model.

❖ **Conference Papers**

❖ **03 Papers in conference**

● **BOOKS**

- 01 Adjustment of psychology .

● **PRESENTATIONS AND INVITED LECTURES**

❖ **Paper Presentation,**

❖ **Workshop,**

09 ATTENDED workshop at national level , state level and university level

● **TEACHING EXPERIENCE**

PG: 02 years

UG: 08 years

● **PROFESSIONAL TRAINING**

1) Refresher course -

2) orientation course-

3) Foundation Training programme for class 1 YASHADA.

● **PROFESSIONAL SERVICE**

counseling

● **COMPUTER SKILLS**

MS-CIT.

yoga AND Meditation course .

